

Norman Woodcock Relays

Individual Results



Rank	Bib	Name	Club	Gander	Category	Time
1.	505	Ellis Hetherington	Morpeth Harriers 1	M	Senior	0:07:40
2.	589	Jacob Garthwaite	Heaton Harriers 1	M	Senior	0:07:50
3.	563	Reece Slater	Gosforth Harriers 1	M	Senior	0:07:55
4.	587	Eddie Knight	Heaton Harriers 1	M	Senior	0:07:57
5.	487	Michael Hedley	Tyne Bridge Harriers 1	M	Senior	0:07:59
6.	503	Connor Marshall	Morpeth Harriers 1	M	Senior	0:07:59
7.	485	Timothy Charteris	Tyne Bridge Harriers 1	M	Senior	0:08:02
8.	488	Tom Charlton	Tyne Bridge Harriers 2	M	Senior	0:08:13
9.	566	Andrew Heppell	Gosforth Harriers 2	M	V40	0:08:24
10.	490	Tim Wilcock	Tyne Bridge Harriers 2	M	Senior	0:08:25
11.	512	Harry Mawdsley	Claremont Road Runners 1	M	Senior	0:08:25
12.	509	Bobby Hagen	Morpeth Harriers 3	M	V40	0:08:26
13.	442	William Haswell	Sunderland Harriers 1	M	Senior	0:08:29
14.	650	Matthew Steanson	North Shields Poly 8	M	Senior	0:08:29
15.	443	Norman Younger	Sunderland Harriers 2	M	V40	0:08:31
16.	440	Chris Thornley	Sunderland Harriers 1	M	Senior	0:08:34
17.	590	James McKenzie	Heaton Harriers 2	M	Senior	0:08:37
18.	568	Maurice Bourke	Gosforth Harriers 2	M	Senior	0:08:38
19.	641	Patrick Houghton	North Shields Poly 5	M	V40	0:08:38
20.	665	Michael Denison	Low Fell Running Club 1	M	V50	0:08:39
21.	565	Alex Rhodes	Gosforth Harriers 1	M	Senior	0:08:42
22.	445	Richard Harrison	Sunderland Harriers 2	M	V40	0:08:44
23.	506	Dave Stabler	Morpeth Harriers 2	M	V40	0:08:45
24.	493	Angus Williams	Tyne Bridge Harriers 3	M	Senior	0:08:46
25.	437	James Tolley	Wearside Triathlon 1	M	Senior	0:08:49
26.	659	Brendan McMillan	Tyne and Wear Fire Service 1	M	V40	0:08:50
27.	635	Jonathan Boxhall	North Shields Poly 3	M	V50	0:08:53
28.	401	Callum Eldridge	Elswick Harriers 1	M	Senior	0:08:53
29.	550	Andy Simpson	Crook and District AC 1	M	Senior	0:08:55
30.	500	Tyler Helmuth	Tyne Bridge Harriers 6	M	V40	0:08:58
31.	491	Cormac Malone	Tyne Bridge Harriers 3	M	Senior	0:09:00
32.	486	Jess Eaton	Tyne Bridge Harriers 1	F	Senior	0:09:05
33.	548	Ben Etherington	Crook and District AC 1	M	Senior	0:09:06
34.	596	Tom Hicks	Heaton Harriers 4	M	Senior	0:09:07
35.	514	Mark Anderson	Claremont Road Runners 1	M	V50	0:09:08
36.	504	Holly Lawrence	Morpeth Harriers 1	F	Senior	0:09:09
37.	402	Aiden Jones	Elswick Harriers 1	M	Senior	0:09:09
38.	588	Jo Woodcock	Heaton Harriers 1	F	Senior	0:09:11
39.	467	Nigel Simpson	Birtley AC 5	M	V50	0:09:12
40.	515	Luke O'Neill	Claremont Road Runners 2	M	Senior	0:09:12
41.	592	Andy Lovell	Heaton Harriers 2	M	Senior	0:09:12
42.	446	Anthony Lawson	Sunderland Harriers 3	M	Senior	0:09:13
43.	441	Grace Carroll	Sunderland Harriers 1	F	Senior	0:09:14
44.	439	Phil Johnston	Wearside Triathlon 1	M	Senior	0:09:14
45.	643	Richard Conder	North Shields Poly 5	M	V40	0:09:15
46.	406	Dave Jones	Elswick Harriers 2	M	V40	0:09:15

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Rank	Bib	Name	Club	Gander	Category	Time
47.	575	Lewis Proud	Gosforth Harriers 5	M	Senior	0:09:16
48.	403	Justina Heslop	Elswick Harriers 1	F	V40	0:09:16
49.	494	Laurentiu Craciunas	Tyne Bridge Harriers 4	M	Senior	0:09:16
50.	540	James Leiper	Ponteland Runners 3	M	V40	0:09:17
51.	448	Ben Anderson	Sunderland Harriers 3	M	Senior	0:09:18
52.	455	Lewis Bate	Birtley AC 1	M	Senior	0:09:19
53.	511	Ben Moll	Morpeth Harriers 3	M	Senior	0:09:19
54.	404	Mick Wilson	Elswick Harriers 2	M	V40	0:09:20
55.	508	Dean Lonsdale	Morpeth Harriers 2	F	Senior	0:09:21
56.	507	Lizzie Rank	Morpeth Harriers 2	F	Senior	0:09:23
57.	496	Simon Hall	Tyne Bridge Harriers 4	M	Senior	0:09:23
58.	577	Sam Pattison	Gosforth Harriers 5	M	Senior	0:09:28
59.	464	Steve Brownless	Birtley AC 4	M	V40	0:09:31
60.	636	Colin Rogerson	North Shields Poly 3	M	V50	0:09:31
61.	502	Davey Miller	Tyne Bridge Harriers 6	M	V40	0:09:33
62.	605	Andrew Norton	Heaton Harriers 7	M	V40	0:09:35
63.	580	Chris Williams	Gosforth Harriers 6	M	Senior	0:09:36
64.	672	Samantha Gair	Ashington Hirst Running Club 2	F	Senior	0:09:38
65.	451	Jude Graham	Sunderland Harriers 4	M	Senior	0:09:39
66.	598	Tony Blake	Heaton Harriers 4	M	Senior	0:09:39
67.	436	Pete Watson	Tynedale Harriers 1	M	V40	0:09:42
68.	497	Anthony Tait	Tyne Bridge Harriers 5	M	Senior	0:09:45
69.	409	Dave Allan	Elswick Harriers 3	M	V40	0:09:45
70.	608	Chris George	Heaton Harriers 8	M	V40	0:09:46
71.	549	Bethany Iveson	Crook and District AC 1	F	Senior	0:09:50
72.	617	Andy Burden	Heaton Harriers 11	M	V50	0:09:50
73.	419	Paul Taylor	Elswick Harriers 7	M	V40	0:09:51
74.	669	Sean Henderson	Ashington Hirst Running Club 1	M	Senior	0:09:52
75.	470	Joshua Rawcliffe	Newburn Running Club 1	M	Senior	0:09:52
76.	651	Jenni Ede	North Shields Poly 8	F	Senior	0:09:53
77.	518	Sonam Wangdi	Claremont Road Runners 3	M	Senior	0:09:53
78.	425	Chris Eddy	Prudhoe Plodders 1	M	V40	0:09:54
79.	601	Ben Cook	Heaton Harriers 5	M	Senior	0:09:55
80.	619	David Slater	Heaton Harriers 11	M	V50	0:09:56
81.	626	Ian Norman	Heaton Harriers 14	M	V60	0:09:58
82.	444	Kay Stephenson	Sunderland Harriers 2	M	V40	0:09:58
83.	620	Michael Coppen	Heaton Harriers 12	M	V50	0:09:58
84.	551	Lewis Moore	Crook and District AC 2	M	Senior	0:09:59
85.	407	John Rippon	Elswick Harriers 3	M	V60	0:10:00
86.	410	Roland Brown	Elswick Harriers 4	M	V50	0:10:00
87.	558	Jennifer Lloyd-Edwards	Crook and District AC 4	F	V40	0:10:01
88.	559	Matthew Brimm	Crook and District AC 4	M	V40	0:10:02
89.	613	Mark Sutherland	Heaton Harriers 9	M	Senior	0:10:02
90.	623	Jeremy Smith	Heaton Harriers 13	M	V50	0:10:02
91.	552	Lisa Donaldson	Crook and District AC 2	F	Senior	0:10:03
92.	416	Lee Coulson	Elswick Harriers 6	M	V50	0:10:05

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Rank	Bib	Name	Club	Gander	Category	Time
93.	434	Dom McDermott	Tynedale Harriers 1	M	V60	0:10:05
94.	454	Steven Gordon	Sunderland Harriers 5	M	Senior	0:10:07
95.	644	Dave Hartis	North Shields Poly 6	M	V40	0:10:07
96.	591	Eleanor Walker	Heaton Harriers 2	F	Senior	0:10:09
97.	564	Emma Ashman	Gosforth Harriers 1	F	Senior	0:10:10
98.	535	Gavin Townsend	Ponteland Runners 1	M	V60	0:10:11
99.	602	Jack Lines	Heaton Harriers 6	M	Senior	0:10:11
100.	541	Alex Walker	Ponteland Runners 3	M	V40	0:10:11
101.	569	Neil Ramsay	Gosforth Harriers 3	M	V50	0:10:12
102.	642	Natasha Harvey	North Shields Poly 5	F	V40	0:10:12
103.	413	Mike Russell	Elswick Harriers 5	M	V50	0:10:12
104.	543	Laura Choake	Ponteland Runners 4	F	Senior	0:10:12
105.	427	Ollie Napier	Prudhoe Plodders 1	M	Senior	0:10:13
106.	676	Scott Wilkes	Ashington Hirst Running Club 3	M	V50	0:10:13
107.	521	Paul Robinson	Claremont Road Runners 4	M	V40	0:10:13
108.	654	Katie Elliot	North Shields Poly 9	F	Senior	0:10:15
109.	652	Jake Turney	North Shields Poly 8	M	Senior	0:10:15
110.	553	Peter Coser	Crook and District AC 2	M	V50	0:10:17
111.	405	Maria Catterall	Elswick Harriers 2	F	Senior	0:10:17
112.	646	Simon Ebbit	North Shields Poly 6	M	V40	0:10:17
113.	653	Craig Greenwood	North Shields Poly 9	M	Senior	0:10:19
114.	571	Steve Boddy	Gosforth Harriers 3	M	V50	0:10:20
115.	578	Edward Watson	Gosforth Harriers 6	M	Senior	0:10:20
116.	570	Anna Fletcher	Gosforth Harriers 3	F	V50	0:10:22
117.	430	Richard Chapman	Prudhoe Plodders 2	M	V40	0:10:22
118.	597	Ella Day	Heaton Harriers 4	F	Senior	0:10:23
119.	610	Mark Sutherland	Heaton Harriers 8	M	V40	0:10:26
120.	412	Jack Gordon	Elswick Harriers 4	M	Senior	0:10:26
121.	465	Helen Arrowsmith	Birtley AC 4	F	V40	0:10:27
122.	466	Paul McVittie	Birtley AC 4	M	V40	0:10:28
123.	499	Simon Pryde	Tyne Bridge Harriers 5	M	V50	0:10:28
124.	418	Peter Dawson	Elswick Harriers 6	M	V40	0:10:30
125.	557	Kris Whitelaw	Crook and District AC 4	M	V40	0:10:30
126.	655	Lloyd Foster	North Shields Poly 9	M	Senior	0:10:31
127.	581	James White	Gosforth Harriers 7	M	Senior	0:10:33
128.	656	Mark Barrett	North Shields Poly 10	M	V50	0:10:34
129.	554	Sam Dixon	Crook and District AC 3	F	Senior	0:10:35
130.	572	Adrian Mitchison	Gosforth Harriers 4	M	V50	0:10:37
131.	456	Lilyanna Turner	Birtley AC 1	F	Senior	0:10:37
132.	567	Annie Hutchinson	Gosforth Harriers 2	F	Senior	0:10:37
133.	449	Mike Cherrington	Sunderland Harriers 4	M	Senior	0:10:38
134.	428	Richard Heslop	Prudhoe Plodders 2	M	V40	0:10:39
135.	513	Sarah Kerr	Claremont Road Runners 1	F	V40	0:10:39
136.	452	Paul O'Brien	Sunderland Harriers 5	M	Senior	0:10:41
137.	629	Charles Hall	North Shields Poly 1	M	V60	0:10:43
138.	611	Lee Daglish	Heaton Harriers 9	M	V40	0:10:43

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Rank	Bib	Name	Club	Gander	Category	Time
139.	542	Andrea Simmons	Ponteland Runners 4	F	Senior	0:10:43
140.	583	Cameron graham	Gosforth Harriers 7	M	Senior	0:10:46
141.	458	Amy Drummond	Birtley AC 2	F	Senior	0:10:47
142.	604	Ryan Halbert-Fettes	Heaton Harriers 6	M	Senior	0:10:47
143.	461	Abbey Boyle	Birtley AC 3	F	Senior	0:10:47
144.	660	Natalie Batey	Tyne and Wear Fire Service 1	F	V40	0:10:48
145.	645	Quynh Nguyen	North Shields Poly 6	F	V40	0:10:48
146.	539	Stephanie Manson Brown	Ponteland Runners 3	F	V40	0:10:49
147.	674	Andy Stewart	Ashington Hirst Running Club 3	M	V50	0:10:50
148.	609	Sarah Lemon	Heaton Harriers 8	F	V40	0:10:50
149.	574	Dave Powell	Gosforth Harriers 4	M	V40	0:10:50
150.	594	Andrea Davis	Heaton Harriers 3	F	Senior	0:10:51
151.	510	Charlotte Marshall	Morpeth Harriers 3	F	Senior	0:10:51
152.	538	Mike Waring	Ponteland Runners 2	M	V50	0:10:55
153.	457	Ollie King	Birtley AC 1	M	Senior	0:10:56
154.	438	Evie Richardson	Wearside Triathlon 1	F	Senior	0:10:57
155.	489	Adeline Bourgenot-Lewis	Tyne Bridge Harriers 2	F	Senior	0:10:57
156.	677	Luke Wandless	Ashington Hirst Running Club 4	M	Senior	0:10:59
157.	516	Aoife Monaghan	Claremont Road Runners 2	F	Senior	0:11:03
158.	435	Maria Armstrong	Tynedale Harriers 1	F	V40	0:11:05
159.	584	Jon mcmanus	Gosforth Harriers 8	M	V40	0:11:05
160.	433	Alastair Carrillo Rábago	Prudhoe Plodders 3	M	V50	0:11:08
161.	547	Christopher Wise	Ponteland Runners 5	M	Senior	0:11:08
162.	661	Graham Smith	Tyne and Wear Fire Service 1	M	V50	0:11:08
163.	468	Kirstin Farquhar	Birtley AC 5	F	V50	0:11:09
164.	544	Sahil Aggarwal	Ponteland Runners 4	M	Senior	0:11:09
165.	517	Nicki O'Brien	Claremont Road Runners 2	F	V40	0:11:14
166.	614	Steve Jones	Heaton Harriers 10	M	V40	0:11:15
167.	469	Paul Agnew	Birtley AC 5	M	V50	0:11:15
168.	586	Angela Jackson	Gosforth Harriers 8	F	V40	0:11:16
169.	667	Greg Smith	Low Fell Running Club 1	M	V40	0:11:17
170.	421	Eric Lewis	Elswick Harriers 7	M	V60	0:11:17
171.	573	Jenny Graham	Gosforth Harriers 4	F	V40	0:11:18
172.	463	Faye Wallace	Birtley AC 3	F	Senior	0:11:19
173.	647	David Vasey	North Shields Poly 7	M	V40	0:11:19
174.	680	Fabrizio Peddis	Ashington Hirst Running Club 5	M	V50	0:11:23
175.	422	Nicola Dyson	Saltwell Harriers 1	F	V40	0:11:26
176.	621	Peter Foreman	Heaton Harriers 12	F	V50	0:11:27
177.	534	Mick Meaney	Ponteland Runners 1	M	V60	0:11:27
178.	628	Willard Wright	Heaton Harriers 14	M	V60	0:11:29
179.	599	Ronny Miller	Heaton Harriers 5	M	Senior	0:11:29
180.	600	Alison Williams	Heaton Harriers 5	F	Senior	0:11:30
181.	593	John Nesbit	Heaton Harriers 3	M	V40	0:11:30
182.	415	Allan Callender	Elswick Harriers 5	M	V60	0:11:30
183.	447	Lauren Flaxen	Sunderland Harriers 3	F	Senior	0:11:31
184.	408	Andrea Banner	Elswick Harriers 3	F	V40	0:11:33

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Rank	Bib	Name	Club	Gander	Category	Time
185.	595	Kevin Partington	Heaton Harriers 3	M	Senior	0:11:34
186.	668	Inka Kokki	Ashington Hirst Running Club 1	F	Senior	0:11:36
187.	576	Sarah Olsen	Gosforth Harriers 5	F	Senior	0:11:36
188.	638	Mark Dutton	North Shields Poly 4	M	V50	0:11:36
189.	640	Ian Hearn	North Shields Poly 4	M	V50	0:11:39
190.	624	Caroline Livesley	Heaton Harriers 13	F	V50	0:11:40
191.	522	Nina Jensen	Claremont Road Runners 4	F	V50	0:11:40
192.	501	Babsy Ewusie	Tyne Bridge Harriers 6	F	V40	0:11:40
193.	562	Geoff Hewitson	Crook and District AC 5	M	V60	0:11:40
194.	519	Holly Porter	Claremont Road Runners 3	F	Senior	0:11:43
195.	622	Nina Cameron	Heaton Harriers 12	M	V50	0:11:44
196.	582	Sophie morley	Gosforth Harriers 7	F	Senior	0:11:46
197.	475	Darren Cowell	Newburn Running Club 2	M	Senior	0:11:46
198.	492	Ailsa Skelly	Tyne Bridge Harriers 3	F	Senior	0:11:48
199.	671	Martin Ritchie	Ashington Hirst Running Club 2	M	V50	0:11:48
200.	471	Zoe Ritson	Newburn Running Club 1	F	Senior	0:11:51
201.	545	Andrew Toothill	Ponteland Runners 5	M	Senior	0:11:51
202.	673	Melanie Horan	Ashington Hirst Running Club 2	F	V40	0:11:52
203.	462	Paul Brennan	Birtley AC 3	M	V50	0:11:52
204.	560	Keith Thompson	Crook and District AC 5	M	V60	0:11:52
205.	530	Steph Towers	Claremont Road Runners 7	F	V40	0:11:56
206.	526	Sarah Williamson	Claremont Road Runners 5	F	Senior	0:11:58
207.	536	Julia Lightle	Ponteland Runners 2	F	V50	0:11:59
208.	450	Jackie Graham	Sunderland Harriers 4	F	Senior	0:12:00
209.	618	Jacqueline Turner	Heaton Harriers 11	F	V50	0:12:02
210.	658	Rob Kirkpatrick	North Shields Poly 10	M	V50	0:12:05
211.	524	Lena Webster-Costella	Claremont Road Runners 5	F	Senior	0:12:06
212.	649	Alison Dixon	North Shields Poly 7	F	V40	0:12:07
213.	648	Debbie Pritchard	North Shields Poly 7	F	V40	0:12:07
214.	495	Gemma Finnie	Tyne Bridge Harriers 4	F	Senior	0:12:12
215.	612	Deborah Hicks	Heaton Harriers 9	F	V40	0:12:14
216.	579	Jessica spavins	Gosforth Harriers 6	F	Senior	0:12:14
217.	615	Helena Walsater	Heaton Harriers 10	F	V40	0:12:15
218.	459	Scarlett Newby	Birtley AC 2	M	Senior	0:12:16
219.	555	Danny Oakley	Crook and District AC 3	M	Senior	0:12:16
220.	474	Amy Brown	Newburn Running Club 2	F	Senior	0:12:18
221.	532	Jenny Roberts	Claremont Road Runners 7	F	Senior	0:12:20
222.	670	Lilly Scott	Ashington Hirst Running Club 1	F	Senior	0:12:21
223.	678	Dilyara Mckay	Ashington Hirst Running Club 4	F	V50	0:12:22
224.	477	Deborah Mann	Newburn Running Club 3	F	Senior	0:12:25
225.	616	Anthony Daglish	Heaton Harriers 10	M	V40	0:12:26
226.	606	Mandy Hood	Heaton Harriers 7	F	V40	0:12:27
227.	675	Jane Wilkes	Ashington Hirst Running Club 3	F	V50	0:12:27
228.	528	Anna Round	Claremont Road Runners 6	F	V50	0:12:28
229.	520	Cate Walker	Claremont Road Runners 3	F	V40	0:12:33
230.	473	Stuart Moor	Newburn Running Club 2	M	Senior	0:12:34

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231.	527	Lucy Keating	Claremont Road Runners 6	F	V50	0:12:35
232.	529	Lucy Ward	Claremont Road Runners 6	F	V40	0:12:38
233.	498	Lois Nowicki	Tyne Bridge Harriers 5	F	Senior	0:12:41
234.	429	Lyndsay Chapman	Prudhoe Plodders 2	F	V40	0:12:42
235.	426	Caroline O'Neill	Prudhoe Plodders 1	F	V40	0:12:43
236.	523	Yana Bevan	Claremont Road Runners 4	F	Senior	0:12:43
237.	603	Kerry Ho	Heaton Harriers 6	F	Senior	0:12:47
238.	453	Doreen Dickinson	Sunderland Harriers 5	F	Senior	0:12:48
239.	585	Kevin Spredbury	Gosforth Harriers 8	M	Senior	0:12:48
240.	556	Adam Newby	Crook and District AC 3	M	Senior	0:12:52
241.	432	Carol Carrillo Rábago	Prudhoe Plodders 3	F	V40	0:12:52
242.	431	Phil Lloyd	Prudhoe Plodders 3	M	V50	0:12:54
243.	561	Kate Williams	Crook and District AC 5	F	V60	0:12:54
244.	627	Judith Archbold	Heaton Harriers 14	F	V60	0:12:55
245.	546	Kirsten Meaney	Ponteland Runners 5	F	V40	0:12:56
246.	417	Lynne Michelson	Elswick Harriers 6	F	V60	0:12:57
247.	472	Mary Rawcliffe	Newburn Running Club 1	F	Senior	0:12:58
248.	411	Ceara Herring	Elswick Harriers 4	F	Senior	0:12:59
249.	684	Michelle Embeton	Ashington Hirst Running Club 6	F	V50	0:13:00
250.	639	Alex Campbell	North Shields Poly 4	F	V50	0:13:03
251.	634	Stuart Robertson	North Shields Poly 2	M	V60	0:13:04
252.	657	Linda Bulfin	North Shields Poly 10	F	V40	0:13:04
253.	685	Rick Smith	Ashington Hirst Running Club 6	M	V40	0:13:08
254.	414	Joanne Webber	Elswick Harriers 5	F	V50	0:13:12
255.	423	Jess Evans	Saltwell Harriers 1	F	Senior	0:13:16
256.	537	Joanne Lucking	Ponteland Runners 2	F	V50	0:13:19
257.	662	Jennifer Georgiou	Tyne and Wear Fire Service 2	F	Senior	0:13:19
258.	631	Douglas Gowland	North Shields Poly 1	M	V60	0:13:21
259.	666	Kelly Cook	Low Fell Running Club 1	F	V40	0:13:24
260.	663	Rachael Shepherd	Tyne and Wear Fire Service 2	F	Senior	0:13:25
261.	460	Zoe Towers	Birtley AC 2	F	V40	0:13:27
262.	633	Joan O'Neill	North Shields Poly 2	F	V60	0:13:36
263.	478	Julie Pringle	Newburn Running Club 3	F	Senior	0:13:42
264.	533	Celia Bone	Ponteland Runners 1	F	V60	0:13:43
265.	630	Heather Gould	North Shields Poly 1	M	V60	0:13:46
266.	482	Bethan Dawson	Newburn Running Club 5	F	Senior	0:13:49
267.	420	Su-wan Lewis	Elswick Harriers 7	F	V50	0:13:52
268.	682	Judith Farquhar	Ashington Hirst Running Club 5	F	V50	0:13:54
269.	607	Kate Hewitt	Heaton Harriers 7	F	V40	0:13:55
270.	664	Mick Quinn	Tyne and Wear Fire Service 2	M	V40	0:13:58
271.	679	Steve McKay	Ashington Hirst Running Club 4	M	V60	0:14:00
272.	683	Paula Lucy	Ashington Hirst Running Club 6	F	V50	0:14:20
273.	632	Joanna Malia	North Shields Poly 2	F	V60	0:14:22
274.	681	Julie Wandless	Ashington Hirst Running Club 5	F	V50	0:14:26
275.	686	Tanya Moore	Ashington Hirst Running Club 7	F	V40	0:14:27
276.	637	Jane Armstrong	North Shields Poly 3	F	V50	0:14:47

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277.	479	Anna Brayson	Newburn Running Club 4	F	Senior	0:14:51
278.	476	Jemma Harker	Newburn Running Club 3	F	Senior	0:15:01
279.	689	Richard Miller	Ashington Hirst Running Club 8	M	V60	0:15:30
280.	687	David Asquith	Ashington Hirst Running Club 7	M	V50	0:15:31
281.	480	Laura Defty	Newburn Running Club 4	F	Senior	0:15:36
282.	424	Rosie Reynolds	Saltwell Harriers 1	F	V40	0:15:51
283.	688	Stacy Reed	Ashington Hirst Running Club 7	F	V40	0:16:00
284.	531	Becky Webster	Claremont Road Runners 7	F	Senior	0:16:02
285.	483	Marie Bottomley	Newburn Running Club 5	F	Senior	0:16:22
286.	525	Sarah Taylor	Claremont Road Runners 5	F	Senior	0:16:50
287.	484	Susan Soan	Newburn Running Club 5	F	Senior	0:17:04
288.	691	Kirsty Bain	Ashington Hirst Running Club 8	F	V40	0:17:12
289.	690	Grace Winpenny	Ashington Hirst Running Club 8	F	Senior	0:17:37
290.	625	George Routledge	Heaton Harriers 13	M	V50	0:18:07
291.	481	Ellie Anderson	Newburn Running Club 4	F	Senior	0:19:28

Number of records: 291