

Shepley 10k

Finisher List

Rank	Bib	Name		MF rank	Age rank	Time
Live results						
1.	546	Andrew Paul Heppenstall	MV40	1.	1.	0:40:12
2.	597	Christopher Taylor	MSen	2.	1.	0:41:23
3.	532	Ian du Feu	MV50	3.	1.	0:41:33
4.	537	Alex Bale	MSen	4.	2.	0:42:15
5.	520	Paul Shaw	MV40	5.	2.	0:43:03
6.	484	Matthew Rose	MV50	6.	2.	0:43:54
7.	15	Andrew Doig	MV55	7.	1.	0:44:17
8.	572	David Lancaster	MV65	8.	1.	0:44:26
9.	410	Jack Dempster	MSen	9.	3.	0:45:45
10.	574	Kieran Welsh	MV45	10.	1.	0:46:10
11.	562	Andrew Brankin	MV55	11.	2.	0:46:32
12.	443	Ian Whalley	MSen	12.	4.	0:46:44
13.	492	Peter Lamont	MV40	13.	3.	0:46:59
14.	585	Will Stewart	MSen	14.	5.	0:47:21
15.	592	Dominic Burland	MSen	15.	6.	0:47:30
16.	584	April Caufield	FSen	1.	1.	0:47:39
17.	596	Ben Golding-Smith	MV40	16.	4.	0:47:39
18.	561	Allistair Cook	MSen	17.	7.	0:47:48
19.	591	David Farrar	MV60	18.	1.	0:48:31
20.	570	Dean Bradley	MV50	19.	3.	0:48:42
21.	599	Steve Hallam	MV60	20.	2.	0:48:56
22.	569	Clem Gregory	MV40	21.	5.	0:49:34
23.	542	Andrew Sullivan	MV45	22.	2.	0:49:41
24.	588	Robert Dyson	MV45	23.	3.	0:49:43
25.	525	Sara Lewis	FSen	2.	2.	0:49:45
26.	535	Philip Brown	MV45	24.	4.	0:49:45
27.	559	Seton Waddington	MV40	25.	6.	0:49:48
28.	568	Mick Hallam	MV55	26.	3.	0:50:05
29.	531	Mark Preston	MV55	27.	4.	0:50:58
30.	511	Dave Raby	MSen	28.	8.	0:51:03
31.	469	Caroline Smith	FV60	3.	1.	0:51:11
32.	488	Kathy Armitage	FV50	4.	1.	0:51:55
33.	420	Maria Harron	FV50	5.	2.	0:52:08
34.	594	Martin O'Brien	MV60	29.	3.	0:52:09
35.	401	Sean Doyle	MV50	30.	4.	0:52:15
36.	487	Michelle Rogerson	FV45	6.	1.	0:52:26
37.	515	John Michael Gray	MV50	31.	5.	0:52:27
38.	394	Oliver Found	MSen	32.	9.	0:52:42
39.	509	Simon Lord	MV50	33.	6.	0:52:47
40.	412	Jennifer Lees	FSen	7.	3.	0:52:52
41.	549	Paula Newton	FV55	8.	1.	0:53:08
42.	402	Helen Pettit	FV55	9.	2.	0:53:20
43.	560	Joanne Longstaff	FV50	10.	3.	0:53:25
44.	390	Craig Hillsley	MV45	34.	5.	0:53:33
45.	523	Colin Firth	MV45	35.	6.	0:53:38
46.	595	Kelvin Bowskill	MV65	36.	2.	0:53:41
47.	489	Roy Lunt	MV50	37.	7.	0:55:43

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Rank	Bib	Name		MF rank	Age rank	Time
48.	553	Emma Crozier	FSen	11.	4.	0:55:50
49.	564	Roger Dodson	MV60	38.	4.	0:55:52
50.	590	Clare Thomas	FSen	12.	5.	0:56:10
51.	593	Daniel Thomas	MSen	39.	10.	0:56:11
52.	589	Ian McNulty	MV40	40.	7.	0:56:12
53.	529	Chris Pratt	MV50	41.	8.	0:56:19
54.	598	Caroline Batty	FV45	13.	2.	0:56:19
55.	378	Jonathan Smith	MV40	42.	8.	0:56:28
56.	577	Murtaza Abbas	MSen	43.	11.	0:56:32
57.	507	Helen Morecroft	FV40	14.	1.	0:56:49
58.	521	Diane Waite	FV55	15.	3.	0:58:28
59.	580	Mairi Dempster	FSen	16.	6.	0:58:38
60.	393	Jon Smith	MSen	44.	12.	0:58:39
61.	490	Nigel Hinze	MV55	45.	5.	0:58:47
62.	548	Margaret Deacon	FV50	17.	4.	0:59:03
63.	386	John Parry	MV55	46.	6.	0:59:38
64.	558	Philip Hanson	MV65	47.	3.	0:59:48
65.	438	Nick Mallon	MV45	48.	7.	1:00:01
66.	550	Garry Bernes	MV45	49.	8.	1:00:10
67.	545	Dawn Earnshaw	FV50	18.	5.	1:01:17
68.	543	Caroline Hardy	FV45	19.	3.	1:01:43
69.	392	Sarah Pode	FSen	20.	7.	1:02:51
70.	551	Callum Todd	MSen	50.	13.	1:03:05
71.	552	James Meehan	MSen	51.	14.	1:03:05
72.	571	Amanda Parker	FV50	21.	6.	1:03:40
73.	567	Vicky Booth	FSen	22.	8.	1:04:08
74.	382	Rose Dewey	FV40	23.	2.	1:04:24
75.	533	Mike Boddy	MV45	52.	9.	1:04:35
76.	554	Tiffany Atkinson	FSen	24.	9.	1:04:37
77.	587	Fiona Willis	FV60	25.	2.	1:04:53
78.	513	Richard Whale	MV65	53.	4.	1:06:35
79.	556	Sarah Barry	FV50	26.	7.	1:06:36
80.	514	Susan Marsland	FV60	27.	3.	1:06:52
81.	563	Jane Brankin	FV55	28.	4.	1:07:26
82.	581	Steven Wall	MV55	54.	7.	1:08:18
83.	544	Gill Day	FV60	29.	4.	1:08:18
84.	579	Heather Axford	FSen	30.	10.	1:08:36
85.	518	Katherine Huggett	FV40	31.	3.	1:10:11
86.	547	Wendy Paulson	FV50	32.	8.	1:12:46
87.	555	Amanda Dyson	FSen	33.	11.	1:15:59
88.	578	David Martin	MSen	55.	15.	1:16:50
89.	512	Kathryn Bradbury	FV40	34.	4.	1:18:13
90.	446	Russell Dyson	MV70	56.	1.	1:19:28
91.	566	Emma Taylor	FSen	35.	12.	1:20:54
92.	539	Frances Brook	FV50	36.	9.	1:22:43
93.	491	John Spencer	MV65	57.	5.	1:22:46

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